

Plum porridge

(Serves 4)

Ingredients

150ml/5fl oz Double cream
150ml/5fl oz Milk
½ Vanilla pod
2tbsp Caster sugar
2 Cardamom pods (crushed)
150g/5 ¼oz oats
4 plums, halved and stones removed

Method

1. Warm the double cream, milk, vanilla pod, sugar and cardamom on a medium heat for 3-4 minutes.
2. Stir in the porridge oats and heat for a further 4-5 minutes.
3. Using a griddle pan, heat the plums for 3-4 minutes.
4. Serve the porridge in a large bowl and sit the plums on top.